



Life Force®

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AminoCharge

Product Name: AminoCharge; **100% instant organic whey protein** (1.05 kg)

Characteristics:

High Quality undenatured Whey Protein
Excellent source of organic fibre blend

- € **Assists in building and repairing of muscle tissue**
- € **Assists in increased energy and stamina**
- € **Can assist in promoting healthy metabolism**
- € **30 grams of Protein per Single Serving**
- € **6.5 grams of BCAA's per serving**

- SOY FREE
- GLUTEN FREE
- HORMONE FREE
- NON GMO
- NO rBGH OR rBST
- EASILY DIGESTIBLE
- EASY TO PREPARE

MUSCLE STRENGTH

PERFORMANCE

WEIGHT MANAGEMENT

ENERGY

AminoCharge products are made from the highest quality, specially selected and most concentrated whey (at 80% protein). The protein is sourced only from dairy cows that have never been fed or injected with any artificial hormones, steroids, growth enhancers or antibiotics.

This superior quality Instant Whey Protein Concentrate (IWPC) is produced via a proprietary filtration process that concentrates undenatured native whey proteins in a highly purified form.

This product is useful before, during or after sustained, strenuous exercise.

Directions: Can be taken once or twice a day, depending on your daily caloric and protein needs.

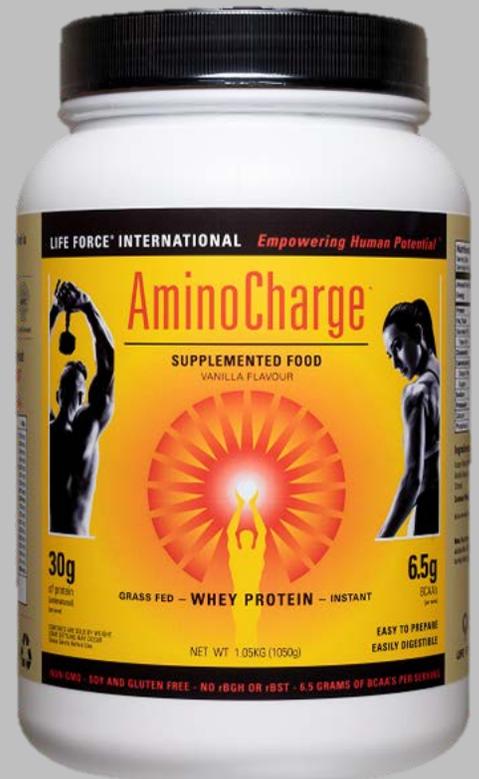
Take 1 Serving (2 scoops) 30 minutes before and/or after a workout.

- Shake gently before use. Combine 2 scoops (35g) with 240mL of chilled water, or with your favorite beverage or fruit.
- Thoroughly mix or blend, for 20-30 seconds in a shaker or blender. For maximum benefits, consume within 15 minutes of mixing.

Spoon stirred: If you don't have time to prepare a protein shake in a blender, no problem! Just add two rounded scoops of product to a glass filled with 6-8 oz of water or your favorite beverage. Then mix it up with a spoon and stir for about 30 seconds or until the powder is completely dissolved.

Maximum Daily Intake: Limit to 2 servings per day. Not to be a sole source of Calories in your daily diet. Use with a healthy diet and exercise program. Must be consumed with appropriate fluid Intake.

Recommended for active teens over 15 years and adults alike.



****BioCore AminoMate® PS is a registered trademark of National Enzyme Company.

Storage/shelf life:

Store in a cool dry place. DO NOT REFRIGERATE.

Unopened: Shelf stable for 18 months when stored in a cool, dry place, and product is kept in its original packaging.

Opened: Consume within 60 days of opening.

Ingredients: Instant Whey Protein Concentrate, Sunflower Lecithin, Organic Vanilla flavor and ****BioCore

AminoMate® (Protease, Zinc Citrate). **Contains:** Whey (derived from milk).

Nutritional Information		
Serving Size	2 Scoops (35g)	
Servings Per Container	30	
Amount Per Serving	35g	100g
Energy	628kJ	1794kJ
Protein	30g	85g
Fat, Total	2.5g	8g
Saturated Fat	1.5g	5g
Trans Fat	0g	0g
Cholesterol	70mg	200mg
Carbohydrate, Total	1g	3g
Dietary Fibre	0g	0g
Sugars	1g	3g
Sodium	70mg	200mg
Potassium	150mg	420mg
Calcium	190mg (24% RDI)	540mg
Phosphorus	150mg (15% RDI)	430mg

Typical Amino Acid Profile per Serving**	35g	100g
Alanine	1471 mg	3762 mg
Arginine	816 mg	2086 mg
Aspartic Acid	3092 mg	7909 mg
Cystine	619 mg	1584 mg
Glutamic Acid	5236 mg	13392 mg
Glycine	540 mg	1381 mg
Histidine*	524 mg	1340 mg
Isoleucine***	1688 mg	4317 mg
Leucine***	3181 mg	8136 mg
Lysine*	2792 mg	7140 mg
Methionine*	674 mg	1725 mg
Phenylalanine*	923 mg	2361 mg
Proline	1706 mg	4362 mg
Serine	1495 mg	3823 mg
Threonine*	2046 mg	5232 mg
Tryptophan*	493 mg	1260 mg
Tyrosine	857 mg	2191 mg
Valine***	1720 mg	4398 mg

* Essential Amino Acids
 ** Since Amino Acids are naturally occurring, results may vary.
 *** BCAA's (Branch Chained Amino Acids)

Note:* If you are pregnant, breastfeeding, or on a special, health related diet, consult your healthcare professional before using this or any new product. Discontinue use if adverse reaction occurs.