



Life Force®

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Manufactured by
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OsteOmegaCare

Product Name: OsteOmegaCare® liquid mineral supplement (960 ml)

Characteristics:

A 100% vegetarian liquid calcium and mineral supplement. formulated to provide an easily absorbed and great tasting source of calcium. It also contains magnesium, Vitamin D3 and other supporting nutrients in ideal ratios.

- Assists in maintaining healthy bones and joints
- Assists in maintaining healthy gums and teeth
- Assists in promoting increased flexibility and bone strength

BONE HEALTH

JOINT HEALTH

NUTRIENT SUPPORT

Calcium:

- Regulates the transportation of ions across cellular membranes
- Maintains collagen, the glue that holds cells together.

Vitamin D3:

- Assists in the absorption of calcium across the intestinal wall of cell membranes.
- D3 raises the vitamin D level quickly and helps maintain that level longer in the body.

Vegetarian Glucosamine:

- Vegetarian glucosamine is sourced from *Aspergillus niger*.
- A naturally occurring amino-sugar that can assist in the formation and repair of cartilage. Glucosamine works in perfect synergy with omega oils to promote joint health.

Essential Fatty Acids (EFA's)

- The richest vegetable source of omega EFA's is derived from organic flaxseed oil and provides omega-3, 6 and 9.
- EFA's are the building blocks for the membranes of every cell in the body. The body cannot produce omega-3 and 6 on its own, so they must be obtained from a food source or a food supplement.

They are "good fats" that together:

1. Make up a very large part of the brain's active tissues.
2. Can assist in the reduction of cholesterol and triglycerides.
3. Help the body absorb fat-soluble vitamins like A, D, E and K.
4. Can assist in the reduction of inflammation and swelling.

L-Carnitine:

- A naturally occurring amino acid compound that helps to transport long chain fatty acids across mitochondrial membranes.

Inulin (Oligo-fiber):

- Boosts calcium absorption, which is important to building and maintaining strong bones.
- Stimulates the growth of probiotics which are beneficial intestinal bacteria.



- 100% VEGAN
- GLUTEN FREE
- Non-GMO
- NO ARTIFICIAL COLOURING
- NO ARTIFICIAL FLAVOURING
- NO ARTIFICIAL SWEETENERS
- NO ADDED SUGARS

Suggested Use: Drink 1 tbsp. (15 mL) twice daily, preferably 1 tbsp. in the morning and 1 tbsp. in the evening with food. Shake well before using.

Note: During initial use, if experiencing intestinal cleansing or loose stool, reduce consumption by half and slowly increase to recommended amount.

Storage/shelf life:

Store in a cool dry place. DO NOT REFRIGERATE.

Unopened: Shelf stable for 12 months when stored at room temperature, sheltered from light and moisture, and product is kept in its original packaging.

Opened: For best results use within 90 days after opening. Store at room temperature sheltered from light and moisture.