



Life Force®

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BE full AminoCharge® Shake

Product Name: Be full AminoCharge; High Protein Meal Replacement Shake (1,050 grams)

Characteristics:

We have created this “complete” meal replacement- to help you transform your life by achieving the healthy, fit body you desire.

- Organic and grass fed undenatured whey protein.
- Support muscle recovery and endurance*
- Complete Meal Replacment
- Weight Managment support*
- Rich in branched chain amino acid (BCAA)
- Support lean muscle development*
- Reduce cravings*
- Organic prebiotic and probiotics for digestive support*

SPORTS NUTRITION

UNDENATURED PROTEIN

PERFORMANCE

WEIGHT MANAGEMENT

Formulated with the highest quality of organic and grass fed undenatured protein blend combined with organic prebiotic fibre, digestive enzymes, probiotics, antioxidants, vitamins and minerals. Our whey protein is rich in the branched chain amino acid (BCAA) Leucine which is essential in lean muscle development. Whether you want to slim down or lean up, this healthy meal substitute will propel you toward your goal. This delicious meal replacement is packed with essential nutrients needed to help you nourish your body while exercising or dieting.

Nutrition Information

Serving Size 2 Scoops (35g)
Servings Per Container 30

Quantity per	35g Serving	%DI/RDI†	/100g	INGREDIENTS:
Energy	628kJ	7.2%	1790kJ	Organic and Grass Fed, Instant Whey Protein Concentrates, Organic Acacia Fibre, Organic Vanilla Flavour,***DigeZyme® (Multi-enzyme complex- amylase, neutral protease, lactase and lipase), Organic Stevia leaf Extract and ****LactoWise® (Synbiotic Blend of Fenumannans® and Probiotic Strain Bacillus coagulans spores).
Protein	25g	50%	71.4g	Contains: Whey (derived from Milk).
Fat, Total	2g	2.9%	5.71g	MINERALS: Magnesium Citrate, Calcium Citrate, Dipotassium Phosphate, Manganese Gluconate, Selenomethionine, Chromium Chloride, Zinc Gluconate, Copper Gluconate, Potassium Iodide, Sodium Borate.
Saturated Fat	1g	4.2%	2.86g	ENERGY BLEND: D-Alpha Tocopherol (Vit E), Cholecalciferol (Vit D3), Ascorbic Acid (Vit C), Acetyl L-Carnitine, 5 HTP (10mg) from Griffonia Seed extract, Niacinamide (Vit B3), Dicalcium Panthotenate (Vit B5), Pyridoxine Hydrochloride (Vit B6), Biotin (Vit B7), Riboflavin (Vit B2), Thiamine Mononitrate(vit B1), Cobalamin (B12), and Folic Acid (Vit B9).
Carbohydrates	1.5g	0.5%	4.29g	Typical Amino Acid Profile per serving**
Sugars	1.5g	1.7%	4.29g	Alanine 1225mg Lysine* 2326mg
Fibre	3.5g	12%	10g	Arginine 679mg Methionine* 562mg
Sodium	50mg	2%	143mg	Aspartic Acid 2576mg Phenylalanine* 769mg
Potassium	200mg	38%	571mg	Cysteine 516mg Proline 1421mg
Vitamin C	15mg	38%	42.9mg	Glutamic Acid 4362mg Serine 1245mg
Vitamin D (500IU)	12.5mcg	125%	35.7mcg	Glycine 450mg Threonine* 1704mg
Vitamin E (5IU)	4mg	40%	11.4mg	Histidine* 436mg Tryptophan* 410mg
Thiamin (Vit B1)	0.38mg	35%	1.09mg	Isoleucine*** 1406mg Tyrosine 714mg
Riboflavin (Vit B2)	0.43mg	25%	1.23mg	Leucine*** 2650mg Valine*** 1432mg
Niacin (Vit B3)	5mg	50%	14.3mg	*Essential Amino Acids ** Branch Chain Amino Acids
Panthenic acid (Vit B5)	2.5mg	50%	7.14mg	***Since Amino Acids are naturally occurring, results may vary.
Vitamin B6	1.25mg	78%	3.57mg	****DigeZyme® is a registered trademark of Sabinsa Corporation
Biotin (Vit B7)	6.25mcg	21%	17.6mcg	*****Lactowise® is a registered trademark of Sabinsa Corporation
Folate (Vit B9)	50mcg	25%	143mcg	
Vitamin B12	3.75mcg	188%	10.7mcg	
Boron	25mcg		71.5mcg	
Calcium	350mg	43.8%	1000mg	
Chromium	50mcg	25%	143mcg	
Iron	2mg	16.7%	5.7mg	
Iodine	9mcg	6%	25.7mcg	
Magnesium	160mg	40%	458mg	
Manganese	1mg	20%	2.86mg	
Molybdenum	15mcg	33%	42.9mcg	
Phosphorus	250mg	25%	714mg	
Selenium	50mcg	71.5%	143mcg	
Zinc	2mg	16.7%	5.7mg	

†Percent Daily Intakes are based on an average adult diet of 8,700kJ. Your daily values may be higher or lower depending on your caloric needs.

Maximum Daily Intake: Limit to 2 servings per day. Not to be a sole source of Calories in your daily diet. Use with a healthy diet and exercise program.

Note:* This product is not intended to diagnose, treat cure or prevent any disease. If you are pregnant, breastfeeding, or on a special, health related diet, consult your healthcare professional before using this or any new product. Discontinue use if adverse reaction occurs.



- GLUTEN FREE
- SOY FREE
- GROWTH & HORMONE FREE
- NO ARTIFICIAL COLOURING
- NO ARTIFICIAL FLAVOURING
- NO ARTIFICIAL SWEETENERS
- NO ADDED SUGARS
- Non-GMO
- EASILY DIGESTIBLE

Suggested Use: Can be taken once or twice a day, depending on your daily caloric and protein needs. Take 1 Serving (2 scoops) 30 minutes before and/or after a workout.

Directions: Shake gently before use. Combine 2 scoops (35g) with 1 Cup (240mL) of chilled water, or with your favorite beverage or 1% low-fat milk. Thoroughly mix or blend, for 20-30 seconds in a shaker or blender. For maximum benefits, consume within 30 minutes of mixing.



“Lactowise® and DigeZyme®” are registered trademarks of Sabinsa Corporation.

Storage/shelf life:

Store in a cool dry place. DO NOT REFRIGERATE.

Unopened: Shelf stable for 18 months when stored in a cool, dry place, and product is kept in its original packaging.

Opened: Consume within 60 days after opening